# Assesments for Health Care, 8 weeks

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| **Learner** | Name: Pernille Mejslov Date of birth:20-04-1964 |
| **Placement:** | Name: Bodaneshjemmet Country: Færøerne |

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|  | **Measures** | **Skills** The learner is able to... | **Elementary** | **Satisfactory** | **Good** | **Proficient** | **Excellent** | **Not applicable** |
| 1 | Basic care and hygienic | measure the clients: Pulse/Temperature/Breathing. |  |  |  |  |  |  |
| make a bed, both with and without a client. |  |  |  |  |  |  |
| do a partial and complete body washing. |  |  |  |  |  |  |
| perform intimate care. |  |  |  |  |  |  |
| perform hair care / shave and trim beard. |  |  |  |  |  |  |
| perform hand, foot and nail care. |  |  |  |  |  |  |
| perform oral, dental and denture care. |  |  |  |  |  |  |
| dressing and undressing |  |  |  |  |  |  |
| changing the right incontinence pad for the user |  |  |  |  |  |  |
| measures to prevent bedsores |  |  |  |  |  |  |
| using work clothing and protective clothing |  |  |  |  |  |  |
| seat or help mobilize the client for rest, moves or activities |  |  |  |  |  |  |
| prepare meals that care for the users health and enjoyment. |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 2 | Basic nursing (healthcare) | help with medication taking |  |  |  |  |  |  |
| mobilize the client |  |  |  |  |  |  |
| take care of the client’s skin |  |  |  |  |  |  |
| ensure variable positions |  |  |  |  |  |  |
| use helping aid |  |  |  |  |  |  |
| prevent spreading of infections |  |  |  |  |  |  |
| act according to the protocols and procedures |  |  |  |  |  |  |
| show and explain how job related techniques are carried out |  |  |  |  |  |  |
| participate in the creating of learning supports or tools |  |  |  |  |  |  |
| device and implement actions to promote good health |  |  |  |  |  |  |
| work in a rehabilitating and health promoting and preventing way, in respect of each person |  |  |  |  |  |  |
| guide people in health issues |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 3 | Interaction and communication with client/citizen/family and relatives | create a situation of exchange, favouring dialogue in respect of the patient and the co-operation of their family and relatives |  |  |  |  |  |  |
| analyse the patient’s needs |  |  |  |  |  |  |
| guide the patient to healthcare professionals, departments or partners as required |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 4 | Teamwork | share information with the team |  |  |  |  |  |  |
| plan one’s own work activities |  |  |  |  |  |  |
| establish the work timetable and the team member’s work activities |  |  |  |  |  |  |
| participate in team members’ appraisals |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 5 | Administrative and documental tasks | explain which staff are in charge of quality checks and quality management |  |  |  |  |  |  |
| participate in the creation and/or improvement of quality tools and/or documents |  |  |  |  |  |  |
| participate in the implementation of a quality process |  |  |  |  |  |  |
| evaluate product and material needs |  |  |  |  |  |  |
| plan purchases considering inventory of products, their shelf life, and those already stocked |  |  |  |  |  |  |
| place an order |  |  |  |  |  |  |
| fill in current administrative documents |  |  |  |  |  |  |
| propose different filing systems for routine documents |  |  |  |  |  |  |
| use software |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 6 | Create and implement activities | organize, lead and evaluate activities |  |  |  |  |  |  |
| adapt the activities to the clients according to the goals |  |  |  |  |  |  |
| stimulate for activities |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 7 | Planning and management | host a work meeting |  |  |  |  |  |  |
| plan one’s own work activities in accordance with the staff |  |  |  |  |  |  |
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Date of assessment:\_\_\_\_\_\_\_\_\_\_\_

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**Signature, placement supervisor Signature, learner**

**Stamp, placement**